

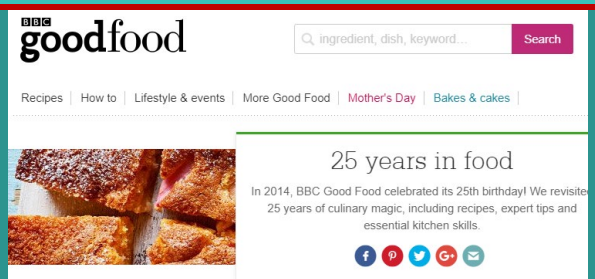
# Food & Nutrition Stretch and Challenge

## MASTERCHEF 2019



This was an incredible show this year and was great to see 3 women in the final – a must on BBCiplayer

## BBC GOOD FOOD.COM



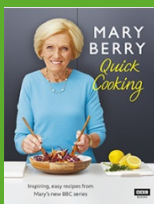
Excellent source of up to date information about what is happening in the world of food – from recipes to demonstrations. Nobody is born with Michelin Stars but you can find the skills here!

## Ottolenghi - SIMPLE



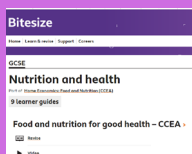
This is a gorgeous book – full of the most delicious recipes by Ottolenghi. If you head off to London at any time this year, check one of his restaurants – whether in Soho, Notting Hill, Spitalfields, Belgravia or his new venture, Rovi which purely focusses on incredibly healthy food for vegetarians.

## MARY BERRY'S LATEST



Good old Mary never lets us down – another easy to use, never fail cookery book with some modern recipes that don't take long. Maybe you could ask for this instead of all that chocolate?????

## [HTTPS://WWW.BBC.COM/BITESIZE/SUBJECTS/ZDN9JHV](https://www.bbc.com/bitesize/subjects/zdn9jhv)



At last, GCSE Food Preparation and Nutrition have updated their website to include all the latest topics outlined by the exam board. Some excellent videos to watch, quizzes to do and even more recipes! A must for anyone revising!